



Esarn Kheaw Thai Restaurant

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Instagram | Facebook | YouTube | @EsarnKheaw

Starters

1. ข้าวเกรียบ Thai Prawn Crackers Served with sweet chilli sauce.	£3.95
2. ไส้กรอกอีสาน Esarn Kheaw Sausages (Esarn Speciality) Home made Thai sausages made with pork and rice, served with fresh ginger, salted peanuts and chilli.	£6.95
3. ขนุนอ่อนไม้ Bamboo Shoots Salad - served warm (Esarn Speciality) Bamboo shoots with chilli, fish sauce, onion, coriander and sesame seeds.	£6.95
4. ส้มตำอีสาน ส้มตำข้าวสาลีจานจัด ส้มตำปู ส้มตำไทย (Esarn Speciality) Spiced Papaya Salad “Som Tam” Green papaya with fresh chilli, garlic, lemon juice, crushed peanuts, dried shrimp and fish sauce.	£7.50
5. ปอเปี๊ยะทอด Spring Rolls Vegetarian spring rolls, served with a sweet chilli sauce.	£5.50
6. ทอดมันปลา Fish Cakes Deep fried fish cakes, served with a sweet cucumber relish.	£7.50
7. สะเต๊ะ (เนื้อ หรือ ไก่) Sateh Chicken or Beef Thai style chicken / beef sateh, served with peanut sauce and a sweet cucumber relish.	£6.95
8. แขนไก่ทอด Fried Chicken Drumettes Deep fried chicken drumettes, served with a sweet chilli sauce.	£6.95
9. ขนมหุ้น Khanom Jeep Steamed pork dumplings, served with a dark sweet soya bean sauce.	£6.95
10. กุ้งทอด หรือ ผักชุบแป้งทอด Finger Dips Vegetables Prawns & vegetables Deep fried prawns / vegetables in batter with sesame seeds, served with a sweet chilli sauce.	£5.95 £7.95
11. ซี่โครงหมู Pork Spare Ribs Marinated rib of pork served with sweet chilli sauce.	£6.95
12. ปีกไก่ยัดไส้ Stuffed Chicken Wings Deep fried chicken wings, stuffed with glass noodles and marinated chicken meat, served with sweet chilli sauce.	£6.95

13. หมี่กรอบ Mee Krob Crispy fried noodles, mixed with a sweet and sour sauce, garnished with tofu, deep fried egg and pickled garlic.	£5.50
14. ไก่ใบเตย Kai Bai Tuay Deep fried marinated chicken, wrapped in pandan leaf, served with a hot chilli sauce.	£6.95
15. เต้าหู้ทอด Deep Fried Tofu Served with sweet chilli sauce topped with crushed peanuts and coriander.	£5.50
16. ยำเห็ด Spiced Mushroom Salad - served warm Charcoal grilled button mushrooms with onions, coriander, chilli oil paste, lemon juice, carrot slices and fish sauce.	£7.00

Thai Spicy Soups

*Shrimp present in ALL chilli oil pastes

17. ต้มยำ (เห็ด, เต้าหู้วันเส้น, ไก่, กุ้ง หรือ ทะเล) Tom Yum Soup Mushroom Tofu & glass noodles Chicken Prawn Seafood *Prawns, squid, mussels	£6.50 (หม้อ Pot - £22.10) £6.50 (หม้อ Pot - £22.10) £7.50 (หม้อ Pot - £25.50) £8.50 (หม้อ Pot - £28.90) £10.50 (หม้อ Pot - £35.70)
Spicy soup with mushrooms / tofu & glass noodles / chicken / prawns / seafood with lemon juice, lime leaves, lemon grass, galanga, chilli oil paste, mushrooms and fish sauce. *หม้อ Pot to share between 4/5 people	
18. ต้มขา (เห็ด, เต้าหู้วันเส้น, ไก่, กุ้ง หรือ ทะเล) Tom Kha Soup Mushroom Tofu & glass noodles Chicken Prawn Seafood *Prawns, squid, mussels	£6.50 (หม้อ Pot - £22.10) £6.50 (หม้อ Pot - £22.10) £7.50 (หม้อ Pot - £25.50) £8.50 (หม้อ Pot - £28.90) £10.50 (หม้อ Pot - £35.70)
Coconut soup with mushrooms / tofu & glass noodles / chicken / prawns / seafood with coconut milk, lemon juice, lime leaves, lemon grass, galanga, chilli oil paste, tamarind juice, mushrooms and fish sauce. *หม้อ Pot to share between 4/5 people	

Esarn Specialities

19. เนื้อนํ้าตก หรือ หมูนํ้าตก, ชกเล็กเปิด หรือ ชกเล็กไก่ Spiced North East Style - served warm Chicken or pork Beef or Duck	£9.95 £12.50
Charcoal grilled sirloin strips of beef / chicken thigh / duck breast / pork neck end with lemon juice, onion, coriander, chilli and fish sauce.	
20. ลาบ (เนื้อ, ไก่ หรือ หมู) Laab - served warm (Beef, chicken or pork)	£9.95
Minced beef / chicken / pork with lemon juice, onion, coriander, chilli and fish sauce.	
21. ลาบปลาดุก Spiced Catfish North East Style - served warm	£12.50
Minced catfish dip with lemon juice, lime leaves, onion, coriander, chilli and fish sauce.	
22. แหนมหมสุต Spiced Minced Pork Thai Style – served warm	£9.50
Minced pork with sliced pork skins, lemon juice, lime leaves, coriander, spring onion, ginger, peanuts, fresh chilli and fish sauce.	

23. เสือร้องไห้ Tiger Cry Grilled strips of 8oz sirloin steak, served with a hot chilli sauce.	£12.95
24. ตับหวาน (วัว) หรือ ตับไก่ย่าง Sweet Ox liver or Chicken Liver North East Style Grilled strips of ox liver / marinated chicken livers, served with a hot chilli sauce.	£9.50
25. ต้มเครื่องในวัว หรือ ต้มกระดูกหมู Ox tripe Soup or Pork Rib Soup Ox tripe / pork ribs with innards cooked in it's own broth with galanga, coriander, spring onion and fish sauce. Dressed with hot chilli sauce and a spicy vinaigrette. *หม้อ Pot to share between 4/5 people	£10.95 (หม้อ Pot - £37.20)
26. หมูย่างเมืองอุบล Grilled Pork Chop (Boneless) Grilled pork chop slices served with a hot chilli sauce.	£12.95
27. แกงอ่อมไก่เมืองอุบล Gaeng Om *Recommended for adventurous eaters. Chicken cooked with homemade chilli paste, ground toasted rice, fresh dill, lemon basil, oyster mushrooms, bamboo shoots, chicken stock and Thai fermented fish stock.	£10.95
28. ไก่ย่างเมืองอุบล Grilled Poussin Grilled marinated baby chicken, served with sweet chilli sauce.	£12.95
29. น้ำพริกปลาสด Num Prik Pla Sod - served warm Spicy catfish dip, with a Thai fermented fish stock, served with fresh vegetables.	£12.95
30. ลาบปลากะพง Laab Sea Bass Deep fried whole Sea bass, topped with a “Laab” style sauce made with red onions, white onions, ground toasted rice, lemon juice, fish sauce, coriander, saw leaf parsley, chilli and spring onions.	£11.95
31. ขนมหุ้น Khanom Jeen Noodles Boiled white wheat flour noodles.	£4.95
Seafood	
32. กุ้งเผา (6) Grilled Prawns (6) Grilled prawns (with shell) marinated with oyster sauce, pepper and garlic, served with a spicy vinaigrette sauce.	£12.95
33. ปลาดุกผัดพริก Pla Duk Pad Prik Stir fried catfish with chilli, sweet basil, green pepper corns, peppers, onion and oyster sauce.	£12.95
34. ปลาราดพริก Pla Lard Prik Crispy fried whole Sea bass covered with a stir-fried holy basil and chilli sauce.	£12.95
35. ปลาเจียนทอด หรือ นึ่ง Pla Jien Deep fried / steamed whole Sea bass with shitake mushrooms, ginger, spring onion, coriander, sesame oil and soya bean sauce.	£12.95
36. ปลาเปรี้ยวหวาน Sweet and Sour Sea Bass Crispy fried whole Sea bass covered with sweet and sour sauce, pineapple, cucumber, onion, sugar snap, tomato, mushrooms and baby corn.	£12.95
37. ปลานึ่งมะนาว Steamed Sea Bass With Chilli and Lime Steamed whole Sea bass with fresh chilli, lime, pickled garlic, sliced garlic, celery, lemongrass, soya sauce and fish sauce.	£21.95

*For eat-in guests, a discretionary 13% service charge will be added to your final bill.

Some menu items may contain or come into contact with some allergens, please ensure to let your server know of any allergies you have and we will do our best to provide you with an allergen free meal. Please be aware that we use common fryer oil, cooking equipment/utensils and work with allergens in other dishes. Due to these circumstances, we are unable to guarantee that any menu item can be **completely** free of allergens.

38. ยำปลาหมึก พล่ากุ้ง หรือ ยำทะเล
Yum Salad - served warm
Squid £11.95
Prawn £11.95
Seafood *Prawns, squid, mussels £12.95
Blanched squid / prawn / seafood with lemon juice, lemon grass, onion, chilli, chilli oil paste, coriander and fish sauce.

39. กุ้งแช่น้ำปลา £12.95
Koong Numpla - served cold
Raw prawns garnished with a spicy vinaigrette sauce and fresh garlic slices.
40. กุ้งผัดกระเทียม £11.95
Koong Pad Kratiem
Stir fried prawns (with shell) marinated with oyster sauce, garlic and pepper.

Stir Fry Dishes

41. ผัดน้ำมันหอย (เนื้อ ,ไก่, หมู หรือ กุ้ง)
Stir Fry with Oyster Sauce *Vegan option available £9.95
Beef, chicken or pork £9.95
Prawns £11.95
Stir fried beef / chicken / pork / prawn with garlic, young vegetables and oyster sauce.
42. ผัดขิง (ผักและเต้าหู้, เนื้อ, ไก่, หมู หรือ กุ้ง)
Stir Fry with Ginger *Vegan option available £7.95
Vegetables & Tofu £7.95
Beef, chicken or pork £9.95
Prawns £11.95
Stir fried vegetables & tofu / beef / chicken / pork / prawns with garlic, fresh ginger, chilli, young vegetables and oyster sauce.

43. ผัดพริกใบกระเพรา (ผักและเต้าหู้, เนื้อ, ไก่, หมู, กุ้ง หรือ ปลาหมึก)
Stir Fry with Holy Basil *Vegan option available £7.95
Vegetables & Tofu £7.95
Beef, chicken or pork £9.95
Prawns or squid £11.95
Stir fried vegetables & tofu / beef / chicken / pork / prawns / squid with garlic, holy basil, chilli and oyster sauce.

44. ผัดพริกขิง (เนื้อ,ไก่ หรือ หมู)
Pad Prik Khing £9.95
Beef, chicken or pork £9.95
Beef / chicken / pork stir-fried with chilli paste, long bean and fish sauce.

45. ผัดเม็ดมะม่วงหิมพานต์ (ผักและเต้าหู้ หรือ ไก่)
Stir Fry with Cashew Nuts *Vegan option available £7.95
Vegetables & Tofu £7.95
Chicken £9.95
Stir fried vegetables & tofu / chicken with cashew nuts, onion, red and green peppers, toasted chilli and oyster sauce.

46. ผัดเปรี้ยวหวาน (ผักและเต้าหู้, เนื้อ, ไก่, หมู หรือ กุ้ง)
Sweet and Sour
Vegetables & Tofu £7.95
Beef, chicken or pork £9.95
Prawns £11.95
Stir fried vegetables & tofu / beef / chicken / pork / prawns with a sweet and sour sauce, pineapple, cucumber, onion, sugar snap, tomato and baby corn.

Thai Curry

*Shrimp present in ALL curry pastes

47. แกงเผ็ดเปิดอย่าง £11.95
Gaeng Pet Ped Yang
Roasted duck curry cooked in coconut milk with grapes, pineapple and Thai red curry paste.

48. แกงเขียวหวาน (ผัก, เนื้อ, ไก่, หมู หรือ กุ้ง)
Green Curry *Vegan option available £8.95
Vegetables £8.95
Beef, chicken or pork £9.95
Prawns £10.95
Vegetables / beef / chicken / pork / prawns cooked in coconut cream with, aubergine, bamboo shoots, sweet basil, fish sauce and Thai green curry paste.

49. แกงเผ็ด (ผัก, เนื้อ, ไก่, หมู หรือ กุ้ง)
Red Curry *Vegan option available £8.95
Vegetables £8.95
Beef, chicken or pork £9.95
Prawns £10.95
Vegetables / beef / chicken / pork / prawns cooked in coconut cream with bamboo shoots, aubergine peas, holy basil, fish sauce and Thai red curry paste.

50. แกงเนื้อมัสมั่น £11.95
Gang Neau Massaman
Cubes of beef cooked in coconut cream with massaman curry paste, peeled new potatoes, peanuts, tamarind juice and button onions.

51. แพนง (ผักและเต้าหู้, เนื้อ, ไก่, หมู หรือ กุ้ง)
Panang Curry *Vegan option available £8.95
Vegetables & Tofu £8.95
Beef, chicken or pork £9.95
Prawns £10.95
Stir fried vegetables & tofu / beef / chicken / pork / prawns with panang curry paste, lime leaves, coconut cream and fish sauce.

52. แกงป่า (ผัก, เนื้อ, ไก่ หรือ หมู)
Jungle Curry Vegetables £8.95
Minced beef, chicken or pork £9.95
Prawn £10.95
Vegetables / minced beef / minced chicken / minced pork / prawn with jungle curry paste, mixed vegetables, young green peppercorns, wild ginger and holy basil in a clear spicy broth.

ชุด แพนงและโรตีสี่ (ผักและเต้าหู้, เนื้อ, ไก่, หมู หรือ กุ้ง)
Panang Curry + Roti Set
Rich and creamy panang curry paste, stir fried with lime leaves, coconut milk and fish sauce. Served with a flaky south Asian style flatbread pancake (roti).
Vegetables & tofu + 1 roti £10.95
Beef, chicken or pork + 1 roti £11.95
Prawns + 1 roti £12.95

Noodle Dishes

53. ผัดไทย (ผัก, เนื้อ, ไก่, หมู หรือ กุ้ง)
Pad Thai
Vegetables £7.95
Beef, chicken or pork £8.95
Prawns £9.95
Stir fried white rice noodles with spring greens, vegetables / beef / chicken / pork / prawns, crushed peanuts, egg, bean sprouts and fish sauce.

54. ผัดราดหน้า (ผัก, เนื้อ, ไก่, หมู หรือ กุ้ง)
Pad Lard Nar
Vegetables £7.95
Beef, chicken or pork £8.95
Prawns £9.95
Stir fried large rice noodles topped with mixed vegetables / beef / chicken / pork / prawns and a gravy oyster sauce.

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55. ผัดซีอิ้ว(ผัก, เนื้อ, ไก่, หมู หรือ กุ้ง)
Pad See-Ew Noodles
Vegetables £7.95
Beef, chicken or pork £8.95
Prawns £9.95
Stir fried noodles with mixed vegetables / beef / chicken / pork / prawn, egg in a dark soya sauce.

56. ผัดก๋วยเตี๋ยวซีเมา(ผัก, เนื้อ, ไก่, หมู หรือ กุ้ง)
Spicy Stir Fried Noodles
Vegetables £7.95
Beef, chicken or pork £8.95
Prawns £9.95
Stir fried white rice noodles with spring greens / beef / chicken / pork / prawns, bean sprouts, dark soya sauce, fish sauce, holy basil, egg and fresh chilli.

57. ก๋วยเตี๋ยวน้ำ (เนื้อ, ไก่ หรือ หมู)
Thai Noodle Soup
Beef, chicken or pork £8.95
White rice noodle soup with beef / chicken / pork, bean sprouts and garnished with deep fried garlic, sesame oil and coriander.

Rice

58.ข้าวผัดอีสานเขียว
Esarn Kheaw Fried Rice £8.95
Stir fried rice with prawns, sweet corn, peppers, onions, carrots, egg and pineapples.

59. ข้าวผัดไข่
Egg Fried Rice £3.95
Stir fried rice with sweet corn, peppers, onions, carrots and egg.

60. ข้าวเปล่า £3.50
Steamed Jasmine Rice

61. ข้าวเหนียว £3.75
Sticky Rice
Traditional rice from the North East of Thailand. Served in a bamboo basket.

Sides

62. ผัดผักรวม £7.50
Stir Fried Mixed Vegetables *Vegan option available
Stir fried vegetables with garlic and oyster sauce.

63. ผัดผักบร็อคเคอลี £7.50
Stir Fried Broccoli *Vegan option available
Stir fried broccoli with oyster sauce, garlic and fresh chilli.

64. ผัดผักเขียว £7.50
Stir Fried Mixed Greens *Vegan option available
Stir fried broccoli, sugar snaps and mange tout in garlic and oyster sauce.

65. ไข่ยัดไส้ผัก หรือ ไข่ยัดไส้หมูสับ
Stuffed Omelette £7.50
Vegetables or minced pork
Thai style stuffed omelette with vegetables / minced pork with onions, peppers, mushrooms and fish sauce.

66. ไข่เจียว หรือ ไข่เจียวหมูสับ
Omelette
Plain or minced pork £7.50
Thai style plain / minced pork omelette.

67. ผัดก๋วยเตี๋ยวเปล่า £4.95
Plain Noodles £4.95
Stir fried plain white rice noodles with dark soya bean sauce.

68. ไข่ลูกเขย £7.50
Son In-Laws Eggs
Deep fried golden eggs with a caramelised tamarind sauce, garnished with deep fried garlic, shallots and coriander.

69. โรตีสี่เปล่า £2.95
Plain Roti £2.95
A flaky south Asian style flatbread pancake.

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